



Ways to Practice Articulation at Home

1. Search your house for 5 items with your target sound. Tell someone about what you found.
2. Draw a picture that contains 5 things with your target sound. Tell someone about what you drew.
3. Write 5 sentences using words with your target sound. How many words with your target sound can you put in one sentence? Read your sentences to someone.
4. Look through a magazine or newspaper. Find pictures with your target sound and cut them out. Glue them on a blank piece of paper to make a collage. Tell someone about what you created.
5. Write a story using lots of words with your target sound. Read your story to someone.
6. Take a walk in your neighborhood. Find 5 items with your target sound. Tell someone about what you found.
7. Make a matching game to play: Write a list of 5-6 words with your target sound. Use 10-12 index cards (or cut up paper into 3x5 size) – write one word from your list on 2 cards. Once you have all the words written, shuffle, lay on the table face down and play the game. When you flip over a card, say that word 5x alone or in a sentence.
8. Play Go Fish with the cards you made in idea #7.
9. Write 5-10 words that contain your target sound. Set a timer for 5 minutes. How many of those words can you say correctly before the timer beeps?
10. Write a letter (or draw a picture) to your Speech Therapist using words with your target sound. Read the letter (or describe the picture) to someone.



Ways to Practice Fluency at Home

1. Family Photos: Have your child tell what is happening in the pictures using his slow & easy speech.
2. Magazines: Have your child choose a picture from a magazine. Using his slow & easy speech, your child can tell you what is happening in the picture OR create a story using the picture.
3. Cartoons/TV show: Watch a cartoon or your favorite TV show with the sound off. Take turns with your child narrating what is happening in the cartoon. You can model using slow & easy speech for your child during this activity.
4. Sports: Repeat #3 while watching a sporting event on TV.
5. Books: After your child has been reading, have him tell you about the book using his slow & easy speech.
6. Go Fish: Play "Go Fish" while practicing slow & easy speech.
7. Be the Teacher: Grab 2 sheets of paper. Have your child draw a simple picture on one of the sheets but tell him not to show you. Have your child tell you HOW to draw what he drew. No peeking!
8. Best Day Ever: Have your child tell you about his best day ever.
9. Dreams: Ask your child tell about a dream he had. Encourage as many details as possible.
10. Excuse: Have your child tell you 5 crazy reasons for NOT doing his homework or chores.



Ways to Practice Language at Home

1. Ask your child to bring you 2 items from a room in your home. Have your child tell you how those 2 items are the same and how they are different.
2. Play I Spy. This game is great for using descriptive words.
3. Read a book to your child (or have them read a book). Ask them these questions: Who was in the story? What did they do? Where did the story take place? (For older children, you can also ask: What problem did they have? How did they solve it?)
4. Ask your child to name 3-5 things that are {fill in an adjective} Example: 3 things that are huge; 3 things that are red; 5 things that are yummy.
5. Be the Teacher: Grab 2 sheets of paper. Have your child draw a simple picture on one of the sheets but tell him not to show you. Have your child tell you HOW to draw what he drew. No peeking! Then switch roles and have your child draw as you tell them how to draw something.
6. Have your child draw two different pictures (to show two different meanings) of the following words: bat, park, fall, tie, star. For older children, use these words: punch, date, sock, racket, hunch.
7. After you watch this video on YouTube, ask your child to tell you what happened in the video:
<https://www.youtube.com/watch?v=454nNoD6-TI>
8. Bake some cookies! Recipes work well for practicing sequencing, following directions, and memory recall. Ask your child to recall the steps of the recipe. Teach new vocabulary (spatula, timer, frosting, roll, pour, scoop).
9. Play Simon Says to work on following directions.
10. Have your child teach you a new dance.



Ways to Practice Social Skills at Home

1. Brainstorm ideas with your child on how to handle situations that make him/her angry.
2. Practice staying on topic with your child. Talk about your favorite foods. Prompt your child (if needed) to ask you about your favorite foods. Prompt your child (if needed) to only talk about food until everyone has shared their favorite food.
3. Practice taking turns while playing a board game or a card game.
4. After you watch this wordless video on YouTube, ask your child the following questions: What problem did the pig have? How did he try to solve it? How did he get the cookies? How did the pig feel when he got the cookies?
<https://www.youtube.com/watch?v=EUM-vA0mV1o&t=4s>
5. Brainstorm ideas with your child on how to handle situations that make him/her nervous.
6. After you watch this wordless video on YouTube, ask your child the following questions: Why did the mice look around? Where do you think the crumbs came from? Why did the blue mouse get slower? Why did the brown mouse give the last crumb to the blue mouse?
<https://www.youtube.com/watch?v=p3Rrc8Q00w0>
7. Practice greeting each other and saying goodbye. For a fun twist: try this activity using different voices/accents.
8. Make different facial expressions and have your child label how you are feeling based on your facial expression.
9. Have everyone spend the day giving people compliments.
10. Brainstorm a list of words that make people feel sad or mad and a list of words that make people feel happy.