PARENT SUPPORT GROUP

Coping with COVID-19

How to manage your stress and help your children cope

During this weekly group, we will
- Teach stress relief coping skills
- Provide grief counseling
- Provide ways for you to manage the stress and sadness associated with the effects of COVID-19

Wednesday evenings at 6pm via Telehealth

Facilitators: Michael Harrison, MSW & Yvette Jones, MSW

If interested in joining this group email:
dernerclinic@hempsteadschools.org