



**JACKSON MAIN**  
IB PYP WORLD SCHOOL



# NEWSPAPER

Issue No. 3 | March - April 2022

## TEST-TAKING TIPS

Read for some tips and techniques to help you focus for the upcoming New York State assessments.

PAGES 3-4



## STUDENT WELLNESS

Read the suggestions and strategies from the School Psychologist, Mr. Nicholas Parsley.

PAGE 5



## BLACK HISTORY MONTH

Empire After-School celebrates Black History Month at the African-American Museum in Hempstead.

PAGE 7



## PYP SHOWCASE

Second grade students inquire on "How the World Works" as they focus on different natural disasters.

PAGE 2



# A MESSAGE FROM OUR JACKSON MAIN ADMINISTRATION

## NEWSPAPER CLUB

Richard Mata-Castro  
Club Advisor

Soh Young Lee-Segredo  
IB Coach and Editor

### Newspaper Staff:

Yeferson Bonilla

Alecsa Calix

Isania Gonzalez

Abraham Mejia

Tashani Thompson

Stephanie Salguero-Lopez

Melanie Suazo



Dear Parents and Guardians,

Many students get stressed out by taking tests. Worrying can make it harder to focus in the moment but learning strategies to manage anxiety can help.

Reducing test anxiety begins with effective test preparation. Using study techniques can boost student confidence. Reviewing the specific assessment format and taking practice tests, actually supports a calmer attitude towards test taking. Prior exposure to test questions supports student predictions when practicing how to answer questions. Looking for big themes in the material is a strategy used in the classroom. It's another active way of studying that can help kids recall information and important details.

It's important for parents to be involved in the plan of attack to address the State Assessment. Parents can support this endeavor by having the students complete their homework and other school tasks like I-Ready, LEXIA Core, LEXIA English in English Language Arts and Mathematics for 30 minutes each day.

Calming techniques like taking deep breaths can also help. If your child test anxiety is severe, they may qualify for accommodations like extra time or taking break throughout the assessments

Finally, encourage your child to remember that it's okay if they don't know the answers to all the questions. Students can always go back to questions that challenge them. Please keep in mind the state tests are untimed.

Respectfully,  
Jackson Main Administration



## SECOND GRADE SHOWCASE

Second Grade's unit of inquiry is "How the World Works" which is an inquiry into the natural world and its laws. The interaction between the natural world and human societies. The focus of this showcase is understanding earthquakes and other natural disasters.



# TIPS FOR PARENTS TO PREPARE CHILDREN FOR NYS EXAMS



FROM MRS. LEE-SEGREDO, IB COACH  
AND MR. EASON, MATH AIS TEACHER

## TESTING DATES

Grades 3-5:

ELA: March 29 to March 31

Math: April 26 to April 28

Science (Grade 4): May 23 to June 3  
and June 6

All Grades:

NYSESLAT (for Bilingual/ENL students):  
April 11 to May 20



## NYS EXAMS MEASURES LEARNING AND TEACHING

Like all of us receive some type of annual evaluation for work we do, it is these tests that measure Learning & Teaching in schools. In Jackson Main IB PYP School, assessment is built into the curriculum and a part of daily learning. We learn and teach daily different skills in our Transdisciplinary Curriculum. We do not teach for the test!

## MATH STRATEGIES

- Start setting aside time each night to review the concepts that will be covered. EX: Practice multiplication tables.
- Make sure your child marks the review questions or concepts they are unsure about and let the teacher know.
- On all questions: Solve the problem first, show all your work, check each multiple-choice answer and always check your work.
- For word problems, students should use the strategies their teacher has practiced with them. EX: writing a target sentence.
- Use websites recommended by your child's teacher to review and practice different math concepts.

EX: [www.commoncoresheets.com](http://www.commoncoresheets.com)



## READING STRATEGIES

- Go over the alphabet and their letter sounds.
- Read left to right.
- Read the books and discuss new vocabulary words.
- After reading any book or article, act it out or retell the story.
- Act out how characters may feel.
- Try to connect with prior knowledge.
- Set a time goal, be mindful of a topic, and read with a focus.
- Read like a storyteller.
- Retell What's most important by making connections to the problem.
- Do character comparisons: The passage may have two characters.
- Titles can be telling: How does the title connects to multiple aspects of the story.



# TIPS FOR PARENTS TO PREPARE CHILDREN FOR NYS EXAMS



FROM MRS. LEE-SEGREDO, IB COACH  
AND MR. EASON, MATH AIS TEACHER

## LEARNING ENVIRONMENT

Have a space for your child to study, organize and be independent. It is crucial for a child to be independent at a very young age. The child needs to take care of that space. Respect your child and do not throw away his belongings.



## TIME MANAGEMENT

Set time for homework or a project. During the state tests, there is a starting time and ending time. Therefore, let your child get used to finishing a task in a given time.

Reduce noise, be a mindful distraction, and stop home-related chores. During the tests, our scholars must think and analyze questions; that requires concentration. Please read newspapers or books or coupons, pay bills quietly show your child you understand the importance of a quiet environment.



## SOCIAL AND EMOTIONAL LEARNING

It is important you set aside quality time with your child daily and discuss what was on the test, what were some interesting facts he/she learned. Give support by sharing your day at work. Talking about your child's dream and goal, laughing together are all a part of Social and Emotional Learning.



## NUTRITION

Offer your child his/her favorite breakfast or meal. You can give extra attention by offering your child a special breakfast or meal. We are what we are and this can make your child start a day bring happiness. We always provide breakfast and lunch here at school.



## RELAX AND DON'T WORRY

Students need to relax and not get nervous. Play games and watch funny movies together. We try to do that in school so you can assist us by doing that also at home. They need to know the tests score matters to them, parents, teachers, and the school community.



FROM MR. PARSLEY  
JACKSON MAIN SCHOOL PSYCHOLOGIST

# SOCIAL EMOTIONAL LEARNING

Hello, I am the new school psychologist at Jackson Main, Mr. Parsley. Since starting in November, the community at Jackson Main has been truly inspiring and welcoming. As a school psychologist I have many roles in the building but the most important is helping our students succeed in and out of the school setting. One of the ways this occurs is through Social Emotional Learning, which allows us to connect our emotions and social skills to the learning community, where we can all grow and thrive in our lives.



YOU CAN  
DO IT!

With COVID and the other current events happening around us these past three years, this has been especially important. Now we are fast approaching the state tests and other end of the year tests. This time of year can be very stressful for all involved, the student, teacher, and family.

For this month we wanted to focus on how to help the student feel less stressed in school and at home, how to prepare for tests, and what to do during testing that may help them feel calm and confident in themselves. What we all need to do is to tell our students to try their best through all of it, while studying, taking practice tests, and on test day. If they truly put in their best effort, that is the most important factor to be successful. We want to work on a growth mindset, instead of hearing our students say "I can't do this," we want to hear them say "I CAN DO THIS" or "I can't do this, YET" adding the word (yet) to their sentence shows that they will continue to practice and work on it to achieve their goal of doing well.

Below we would like to provide several tips to help our students succeed and remain calm during testing:

- Be supportive and offer positive praise/talk consistently, especially when studying or doing i-Ready/Lexia.
- Take deep breaths before and during the test
- "I can do it, I can do it, I can do it" repeated over in your head.
- Take a break.
- Ask questions leading up to the test.
- Take your time and try every question slowly, taking a breath in between questions.
- If you think you can, then you will write down your worries and what you are good at (strengths and weaknesses).

I can do anything

# WHAT IS CARING?



SCAN ME

Caring means being kind, helpful, and careful, and share. I think I can be careful by crossing the street. I can be kind and share a pencil if a student needs one. I can also compliment my mom and dad. If I see an older lady crossing the street, I can help her.



MELANIE SUAZO  
STUDENT COUNCIL MEMBER



Caring means kindness, sharing and being helpful. There are some kind and caring people in my school. For example, I think every teacher in my school help students in math and reading. Also, caring means helping people when they are hurt. Our nurse helps students who have a fever, cough or a cold. For example, if students twists his or her leg, they can visit the nurse's office.

We need to share our thought. That is also caring. During the month of March we begin our new attribute, caring.



STEPHANIE SALGUERO-LOPEZ  
STUDENT COUNCIL MEMBER

IB Learner Profile Attribute for March is caring. I care for myself. For example, when I am hungry I get a signal from my body. My body says "I am hungry", "feed me". I also show caring by being respectful for others. If I see a blind person waiting to cross the street, I will guide the person so that he doesn't get hurt when crossing the street.



JEFFERSON BONILLA  
NEWSPAPER CLUB MEMBER



Caring means being careful. I also show caring by telling my sister to be careful when she runs in the store. In Spanish we say "cuidado". I show that I am caring by saying good morning to my teacher when I am going to my classroom.



ISANIA GONZALEZ  
NEWSPAPER CLUB MEMBER



I can be caring by helping my mom, aunt, and grandma. There are some people who are caring and there are people who are not but we should still respect them. For example, I make my mom breakfast, I help my aunt clean the living room, and I help my grandma get healthy and well.



TASHANI THOMPSON  
STUDENT COUNCIL MEMBER



Caring means being helpful. That means helping other people around the world. If we help people from another country, we can change the world. For example, world leaders can get together and solve problems like littering and ocean life.



ABRAHAM MEJIA  
STUDENT COUNCIL MEMBER



# BLACK HISTORY MONTH



The Empire State After School Program's Black History Month program was held at The African American Museum on February 16, 2022. Jaden Williams and Nadia Marine recited "The Pledge of Allegiance".



## ART CLUB



MRS. IADEVAIA  
ART CLUB ADVISOR



On Monday, February 14, the Jackson Main Art Club visited the Hofstra University Museum of Art to experience a real-life art gallery exhibit called "Drawing Matters". Students were open-minded, principled, and communicators as they learned about the gallery exhibit and practiced drawing skills. Students learned how to express themselves through drawing and how artists use art as a outlet for their emotions.



# LEARNER PROFILE SELF-ASSESSMENT

Color in the faces that reflect where you are in each of the learner profiles.

Learner Profile Attributes	Rating				
	Never	Rarely	Sometimes	Often	Always
<b>Inquirer</b> I ask questions to learn and know more.					
<b>Knowledgeable</b> I know a lot about lots of different things.					
<b>Thinker</b> I use my mind to consider ideas and make judgment.					
<b>Communicator</b> I can express myself in many ways.					
<b>Principled</b> I understand the difference between right and wrong and make good choices.					
<b>Open-Minded</b> I am willing to listen and consider everyone's point of view.					
<b>Caring</b> I am compassionate and show concern for others and our world.					
<b>Risk - Taker</b> I am willing to take chances for greater success.					
<b>Balanced</b> I have many interests. I work and play hard.					
<b>Reflective</b> I think deeply about my learning, others, and myself.					