

SOCIAL SKILLS

Accepting responsibility I think before I do or say something. I accept the consequences of things that I say or do.

Respecting others I accept that everyone has their own ideas and beliefs and I listen to them respectfully and try to understand.

Cooperating I think about how I can work well with others so that we all reach our goals. I don't try and take over.

Resolving conflict If an argument comes up, I try to find ways to stop it.

Group decision-making I listen to everyone's opinion when making a group decision. I accept that the group decision may not be the one I wanted.

Adopting a variety of group roles I do different jobs in the group each time: reporter, recorder, time-keeper, manager, illustrator,...

RESEARCH SKILLS

Formulating questions I use open- and closed-ended questions.

Observing I use my senses to explore the world around me. I make notes of my observations.

Planning I think about what I need to do and how I am going to do it.

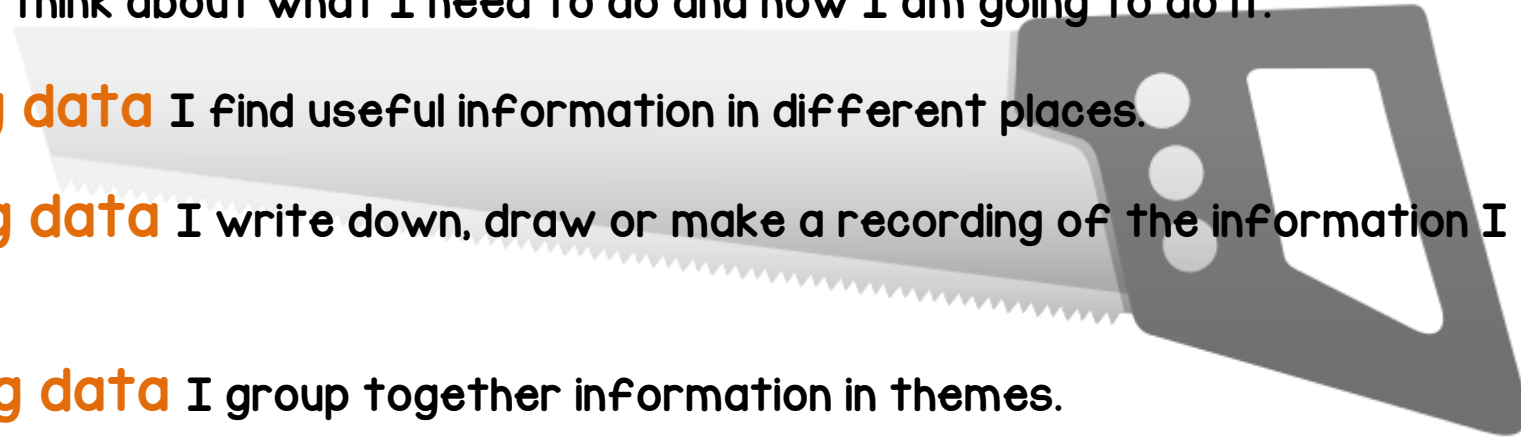
Collecting data I find useful information in different places.

Recording data I write down, draw or make a recording of the information I have collected.

Organising data I group together information in themes.

Interpreting data I think about what the information means for my question.

Presenting research findings I choose the best ways to present my research and findings to my audience.



THINKING SKILLS

Acquisition of knowledge I find answers and information.

Comprehension I make sure I understand the things I find out.

Application I use the information I found out to make or do something.

Analysis I look for the themes or big ideas in the information I found.

Synthesis I use lots of different kinds of information from different sources to help me understand. I use this understanding to make or do something.

Evaluation I decide whether the information I have found is useful for my question.

Dialectical thought I think about the contradictions between pieces of information

Metacognition I understand how I can learn best.

COMMUNICATION SKILLS

Listening I listen to other people, and to myself.

Speaking I talk clearly and respectfully to other people. It is easy to understand my oral presentations.

Reading I read all kinds of writing. I choose books that are appropriate for me.

Writing I write many different kinds of texts that are aimed at my audience.

Viewing I look at movies, clips and artwork and think about what they can teach me.

Presenting I share my ideas and learning with others in a clear, easy to understand and appropriate manner.

Non-verbal communication I use body language to communicate with others. I am aware of the effect of body language.

SELF-MANAGEMENT SKILLS

Gross motor skills I can run, jump, stop and turn and use my body effectively.

Fine motor skills I can control my body in little movements like cutting and printing

Spatial awareness I know where I am in relation to others and the world around me.

Organisation I make sure I have the things I need to work or play. I know where my stuff is and keep my things tidy.

Time management I use my time wisely so that I get my work done on time. I think about what should be done first, and what needs the most time.

Safety I act in a safe manner for myself and others at all times.

Healthy lifestyle I respect my body and mind. I make sure that I have a balanced lifestyle and diet.

Codes of behavior I act appropriately at all times. I respect other people's feelings.

Informed choices I make decisions by thinking about the consequences. I listen to others, but I make my own choices about how I act.

TRANSDISCIPLINARY

SKILLS



TOOLBOX

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