Hempstead Elementary Breakfast

January 2024

Student Meal: Free
Adult Meal: $3.07+tax

More Info:
Daily Milk Offerings: 1% White, Fat Free White, Fat Free Chocolate* (all antibiotic & hormone free) *FF Chocolate Milk available to Grades K-5 only
Daily Fruit Offerings (Juice available to Grades K-5 only): Apple slices, orange, seasonal fresh fruit, plus 100% juice offerings (apple, fruit punch, orange, grape)

Daily Breakfast Offerings: Assorted WG cereal bars & bowls, assorted WG muffins, WG bagel w/ cream cheese, Egg & cheese sandwiches with or without Bacon (P) on WG roll.

Please Note: Items with (P) denotes contains pork.

Grades K-12 are offering vs serve and must choose at least three, up to four, of the below mentioned items. One of the items must be some fruit.
Grain (all grain offerings count as two items)
Fruit (must pick 1)
Milk (pick up to one)

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This institution is an equal opportunity provider.

1 **School Closed**	2 **School Closed**	3 WG Cereal Milk Fruit Choice Juice Choice	4 WG Cold Cereal Yogurt Fruit Choice Juice Choice	5 WG Mini Waffles Fruit Choice Juice Choice
8 WG Cold Cereal Yogurt Fruit Choice Juice Choice	9 WG Bagels with Cream Cheese Fruit Choice Juice Choice	10 WG Cereal Milk Fruit Choice Juice Choice	11 WG Donut Fruit Choice Juice Choice	12 WG Mini Pancakes Fruit Choice Juice Choice
15 **School Closed**	16 WG Bagels with Cream Cheese Fruit Choice Juice Choice	17 WG Cereal Milk Fruit Choice Juice Choice	18 WG Donut Fruit Choice Juice Choice	19 WG Mini Waffles Fruit Choice Juice Choice
22 WG Cereal Milk Fruit Choice Juice Choice	23 WG Bagels with Cream Cheese Fruit Choice Juice Choice	24 WG Cold Cereal Yogurt Fruit Choice Juice Choice	25 WG Donut Fruit Choice Juice Choice	26 WG Mini Waffles Fruit Choice Juice Choice
29 WG Cereal Milk Fruit Choice Juice Choice	30 WG Bagels with Cream Cheese Fruit Choice Juice Choice	31 WG Cold Cereal Yogurt Fruit Choice Juice Choice		