

## Hempstead Elementary Breakfast

## February 2024

Student Meal: Free Adult Meal: \$3.07+tax

## More Info:

Daily Milk Offerings: 1% White, Fat Free White, Fat Free Chocolate\* (all antibiotic & hormone free) \*FF Chocolate Milk available to Grades K-5 only Daily Fruit Offerings (Juice available to Grades K-5 only): Apple slices, orange, seasonal fresh fruit, plus 100% juice offerings (apple, fruit punch, orange, grape)

Daily Breakfast Offerings: Assorted WG cereal bars & bowls, assorted WG muffins, WG bagel w/ cream cheese, Egg & cheese sandwiches with or without Bacon (P) on WG roll.

Please Note: Items with (P) denotes contains pork.

Grades K-12 are offering vs serve and must choose at least three, up to four, of the below mentioned items. One of the items <u>must</u> be some fruit.

Grain (all grain offerings count as two items)
Fruit (must pick 1)

Milk (pick up to one)

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This institution is an equal opportunity provider.

WG Cold Cereal
Yogurt
Fruit Choice
Juice Choice

WG Bagels with Cream Cheese Fruit Choice Juice Choice WG Cereal Milk Fruit Choice Juice Choice WG Donut Fruit Choice Juice Choice

WG Donut

Fruit Choice

Juice Choice

1

WG Mini Pancakes Fruit Choice Juice Choice

WG Mini Waffles

Fruit Choice

Juice Choice

2

12

WG Cereal Milk Fruit Choice Juice Choice WG Bagels with Cream Cheese Fruit Choice Juice Choice

13

20

WG Cereal Milk Fruit Choice Juice Choice

14

21

28

WG Donut Fruit Choice Juice Choice

15

22

WG Mini Waffles Fruit Choice

Juice Choice

19

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23

26

WG Cereal Milk Fruit Choice Juice Choice

27

WG Bagels with Cream Cheese Fruit Choice Juice Choice

WG Cold Cereal Yogurt Fruit Choice Juice Choice 29

WG Donut Fruit Choice Juice Choice