Lunch Menu

Hempstead Elementary PROPERTY OF COMPANIES

WHITSONS CULINARY

www. DGBQ:0

Monday

Tuesday

Wednesday

or 1-866-3-HUNGRY

Thursday Meatball Hero 🤔 🚷

Friday Classic Cheese Pizza 🕡

Find summer meals text "Food" to 304-304 visit summermealsny.org call 211 or 311 (in NYC)

Black Beans Green Peas Fresh Pear **Applesauce**

Garden Salad **Baby Carrots** Fresh Orange

Applesauce

Cheesy Stuffed Bread Sticks

Sweet Potato Fries Sweet Corn Apple Slices Strawberry Cup

Cheeseburger Oven Baked Fries Fresh Baby Carrots Fresh Orange Fresh Pear

Crispy Popcorn Chicken Whole Wheat Dinner Roll Baby Carrots Apple Slices

Turkey Hot Dog on Bun Crispy Potato Puffs Northern Beans Fresh Peach **Applesauce**



9 Classic Cheese Pizza 🕡

Garden Salad Celery Fresh Orange Strawberry Cup

Mozzarella Sticks 🕡 Corn Northern Beans Fresh NY Local Apple Diced Pear Cup



13 Baked Chicken Tenders Whole Wheat Dinner Roll Green Beans Steamed Carrots Strawberry Cup Fresh Orange

Nachos Grande 🤗 Steamed Carrots Steamed Peas Fresh Pear Strawberry Cup

Crispy Chicken Sandwich Oven Baked Fries Fresh Baby Carrots Fresh Orange Fresh Pear

15

16 Classic Cheese Pizza 🕡



Garden Salad **Baby Carrots** Fresh Orange Diced Peach Cup

SCHOOL CLOSED TODAY

20 Nachos Grande Black Beans Sweet Corn Fresh Orange Apple Slices

21 Cheeseburger Sweet Potato Fries Celery Fresh Pear Mixed Berry Cup

22 Crispy Popcorn Chicken Ánimal Crackers Steamed Broccoli Four Bean Salad **Diced Peaches**

Grilled Cheese Sandwich 🝘

Applesauce Fresh Orange Baby Carrots Ćelery

HAVE A SHEAT SUMMER 骨入り足 A

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胃水液层 女 DEED SUMMER

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

*Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law

grain meat/mear de rein in -

Find Summer Meals:

Text #Food nto 304-3041 must be a fruite: vegerate LuVisitoSummer MealsNisong CrGall 2111eoir 8111, (in NYCand 100% fruit e-Mint selection of -866aBfrHUNGRYilk or

> chocolate milk. Assorted condiments.

If you have any questions or would like additional information regarding this menu please contact your food service director

at 434-4138

orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.