

Breakfast Menu

Hempstead Elementary Schools

June 2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

Find summer meals text "Food" to 304-304 visit summermealsny.org call 211 or 311 (in NYC) or 1-866-3-HUNGRY

5 Egg and Cheese Sandwich Apple Slices 100% Orange Juice	6 Yogurt Breakfast Pack Animal Crackers Fresh Orange 100% Apple Juice	7 Apple Strudel 100% Fruit Punch Juice Fresh Pear	8 WG Chocolate Chip Muffin Apple Slices 100% Orange Juice	9 Cinnamon French Toast Fresh Orange 100% Apple Juice
12 WW Honey Bun Fresh NY Local Apple 100% Orange Juice	13 Fresh Whole Wheat Bagel Cream Cheese Fresh Orange 100% Apple Juice	14 Apple Cinnamon Muffin Diced Pear Cup 100% Orange Juice	15 Red. Sugar Froot Loops Cereal Animal Crackers Apple Slices 100% Orange Juice	16 Maple Mini Waffles Fresh Orange 100% Apple Juice
SCHOOL CLOSED TODAY	20 Red. Sugar Apple Jacks Cereal Animal Crackers Apple Slices 100% Orange Juice	21 Cinnamon French Toast Fresh Pear 100% Apple Juice	22 WW Honey Bun 100% Orange Juice Fresh NY Local Apple	23 Apple Strudel Diced Pear Cup 100% Apple Juice



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

If you have any questions or would like additional information regarding this menu please contact your food service director at 434-4138

Find Summer Meals:
Breakfast for all students must be 304-304
components and must be 304-304
Visit SummerMealsNY.org
Call 211 or 311 (in NYC)
or 1-866-3-HUNGRY
Breakfast must be 304-304
grains or grain meat/meat alternative.
Choice of fresh fruit, cup fruit, and 100% fruit juice. Milk selection of 1% or fat free white milk

