



Hempstead Elementary Breakfast

April 2025

More Info:

Daily Milk Offerings: 1% White, Fat Free White, Fat Free Chocolate* (all antibiotic & hormone free) *FF Chocolate Milk available to Grades K-5 only

Daily Fruit Offerings (Juice available to Grades K-5 only): Apple slices, orange, seasonal fresh fruit, plus 100% juice offerings (apple, fruit punch, orange, grape)

Daily Breakfast Offerings: Assorted WG cereal bars & bowls, assorted WG muffins, WG bagel w/ cream cheese, Egg & cheese sandwiches with or without Bacon (P) on WG roll.

Please Note: Items with (P) denotes contains pork.

Grades K-12 are offering vs serve and must choose at least three, up to four, of the below mentioned items. One of the items must be some fruit.

Grain (all grain offerings count as two items)

Fruit (must pick 1)

Milk (pick up to one)



This institution is an equal opportunity provider.

1

WG Muffin
Fruit Choice
Juice Choice

2

WG Cold Cereal
Yogurt
Fruit Choice
Juice Choice

3

WG Donut
Fruit Choice
Juice Choice

4

WG Cinnamon Roll
Milk
Fruit Choice
Juice Choice

7

WG Cold Cereal
Yogurt
Fruit Choice
Juice Choice

8

WG Cinnamon Roll
Fruit Choice
Juice Choice

9

WG Cereal Bar
Milk
Fruit Choice
Juice Choice

10

WG Muffin
Fruit Choice
Juice Choice

11

WG Mini Pancakes
Fruit Choice
Juice Choice

14

**School
Closed**

15

**School
Closed**

16

**School
Closed**

17

**School
Closed**

18

**School
Closed**

21

**School
Closed**

22

WG Cereal Bar
Milk
Fruit Choice
Juice Choice

23

WG Muffin
Fruit Choice
Juice Choice

24

WG Cold Cereal
Yogurt
Fruit Choice
Juice Choice

25

WG Cinnamon Roll
Fruit Choice
Juice Choice

28

WG Mini
Pancakes
Fruit Choice
Juice Choice

29

WG Bagels with
Cream Cheese
Fruit Choice
Juice Choice

30

WG Cereal Bar
Milk
Fruit Choice
Juice Choice