
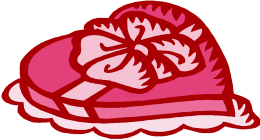


HEMPSTEAD FOOD SERVICE
SECONDARY LUNCH MENU
FEBRUARY 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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<p>AVAILABLE DAILY AS A FRUIT CHOICE ALTERNATIVE: 4oz APPLE JUICE, OR 4oz. ORANGE JUICE</p>			<p>MILK CHOICES AVAILABLE DAILY WHITE CHOICES – SKIM - 1% - LOW FAT CHOCOLATE</p>	
1	2	3	4	5
<p>OVEN BAKED CHICKEN NUGGETS OR CHICKEN PATTY ON A BUN POTATO WEDGES FRUIT COCKTAIL LOW FAT MILK CHOICE</p>	<p>CHEESEBURGER ON A BUN OR JAMAICAN CHIX PATTY GREEN BEANS FRESH APPLE LOW FAT MILK CHOICE</p>	<p>ROTINI PASTA W/ MEATBALLS OR VEGGIE BURGER ON A BUN TOSSED GREENS CHILLED PEACHES LOW FAT MILK CHOICE</p>	<p>RAINBOW GRILLED CHEESE OR BREADED CHICKEN TATER TOTS PINEAPPLE TIDBITS LOW FAT MILK CHOICE</p>	<p>ASSORTED PIZZA OR BREADED MOZZARELLA STIX TOSSED SALAD CHILLED PEACHES LOW FAT MILK CHOICE</p>
8	9	10	11	12
<p>OVEN BAKED CHICKEN NUGGETS SEASONED RICE OR JAMAICAN CHIX PATTY POTATO WEDGES APPLE SAUCE LOW FAT MILK CHOICE</p>	<p>JAMAICAN BEEF PATTY OR HAMBURGER ON A BUN PEAS CHILLED PEACHES LOW FAT MILK CHOICE</p>	<p>CHICKEN PATTY ON A BUN OR STEAK UM W/CHEESE CLUB GREEN BEANS FRESH APPLE LOW FAT MILK CHOICE</p>	<p>CHEESEBURGER ON A BUN OR MEATBALL SUB SWEET CORN CHILLED APRICOTS LOW FAT MILK CHOICE</p>	<p>ASSORTED PIZZA OR BREADED MOZZARELLA STIX TOSSED SALAD FRUIT COCKTAIL LOW FAT MILK CHOICE</p>
15	16	17	18	19
<p><u>SCHOOLS CLOSED</u></p>	<p><u>SCHOOLS CLOSED</u></p>	<p><u>SCHOOLS CLOSED</u></p>	<p><u>SCHOOLS CLOSED</u></p>	<p><u>SCHOOLS CLOSED</u></p>
22	23	24	25	26
<p>OVEN BAKED CHICKEN TENDERS OVEN FRIES OR CHICKEN FAJITA APPLESAUCE LOW FAT MILK CHOICE</p>	<p>JAMAICAN BEEF PATTY OR SALISBURY STEAK W/GRAVY GREEN BEANS CHILLED APRICOTS LOW FAT MILK CHOICE</p>	<p>CHICKEN PARM OR WHOLE WHEAT ROTINI W/MEATSAUCE TOSSED SALAD CHILLED FRUIT LOW FAT MILK CHOICE</p>	<p>CHEESEBURGER ON A BUN OR WHOLE WHEAT FISH STICKS CORN NIBLETS CHILLED PEACHES LOW FAT MILK CHOICE</p>	<p>ASSORTED PIZZA OR BREADED MOZZARELLA STICKS TOSSED SALAD PINEAPPLE TIDBITS LOW FAT MILK CHOICE</p>

**AVAILABLE DAILY: DELI BAR, SALAD BAR & NACHOS
&
ASSORTED GRAB & GO WRAPS
SECONDARY LUNCH PRICE: \$1.50 REDUCED PRICE \$0.25**

****MENU SUBJECT TO CHANGE****