
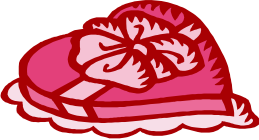


HEMPSTEAD FOOD SERVICE
ELEMENTARY LUNCH MENU
FEBRUARY 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>MILK CHOICES</u> <u>AVAILABLE DAILY</u> WHITE CHOICES – SKIM - 1% - LOW FAT CHOCOLATE \$50 A LA CARTE MILK</p>			AVAILABLE DAILY AS A FRUIT CHOICE ALTERNATIVE: 4oz APPLE JUICE, OR 4oz. ORANGE JUICE	
1	2	3	4	5
OVEN BAKED CHICKEN NUGGETS DINNER ROLL OVEN FRIES FRUIT COCKTAIL LOW FAT MILK CHOICE	BRUNCH FOR LUNCH FRENCH TOAST STICKS SAUSAGE PATTY HASH BROWNS APPLESAUCE LOW FAT MILK CHOICE	CHICKEN PATTY ON A SOFT BUN PEAS & CORN PINEAPPLE TIDBITS LOW FAT MILK CHOICE	HAMBURGER ON A BUN FRENCH CUT BEANS PEAR SLICES LOW FAT MILK CHOICE	BBQ POPCORN CHICKEN SWEET CARROTS BANANA LOW FAT MILK CHOICE
8	9	10	11	12
OVEN BAKED CHICKEN NUGGETS SEASONED RICE CARROT STICKS CHILLED PEARS LOW FAT MILK CHOICE	JAMAICAN BEEF PATTY GREEN BEANS CHILLED PEACHES LOW FAT MILK CHOICE	CHICKEN PARMIGIANA STEAMED VEGETABLES GARLIC BREAD FRUIT COCKTAIL LOW FAT MILK CHOICE	SLOPPY JOE ON A WHOLE WHEAT BUN STRING BEANS CHILLED FRUIT CUP LOW FAT MILK CHOICE	ORANGE CHICKEN TOSSED SALAD CHILLED PEACHES LOW FAT MILK CHOICE
15	16	17	18	19
<u>SCHOOLS CLOSED</u>	<u>SCHOOLS CLOSED</u>	<u>SCHOOLS CLOSED</u>	<u>SCHOOLS CLOSED</u>	<u>SCHOOLS CLOSED</u>
22	23	24	25	26
OVEN BAKED CHICKEN NUGGETS FLAVORED NOODLES CORN NIBLETS FRUIT COCKTAIL LOW FAT MILK CHOICE	BRUNCH FOR LUNCH FRENCH TOAST STICKS SAUSAGE PATTY HASH BROWNS APPLESAUCE LOW FAT MILK CHOICE	CHICKEN PATTY ON A SOFT BUN MASHED POTATOES PINEAPPLE TIDBITS LOW FAT MILK CHOICE	PEPPERONI PERSONAL PIZZA TOSSED SALAD CHILLED PEACHES LOW FAT MILK CHOICE	SALISBURY STEAK HONEY GLAZED CARROTS CHILLED FRUIT LOW FAT MILK CHOICE

<u>MONDAY ENTRÉE</u> <u>ALTERNATES</u>	<u>TUESDAY ENTRÉE</u> <u>ALTERNATES</u>	<u>WEDNESDAY ENTRÉE</u> <u>ALTERNATES</u>	<u>THURSDAY ENTRÉE</u> <u>ALTERNATES</u>	<u>FRIDAY ENTRÉE</u> <u>ALTERNATES</u>
CHEESE ON A BAGEL	HAM & CHEESE SANDWICH	TURKEY & CHEESE SANDWICH	BOLOGNA SANDWICH	TUNA SALAD SANDWICH
W/ VEG. & FRUIT OF THE DAY & MILK CHOICE	W/ VEG. & FRUIT OF THE DAY & MILK CHOICE	W/ VEG. & FRUIT OF THE DAY & MILK CHOICE	W/ VEG. & FRUIT OF THE DAY & MILK CHOICE	W/ VEG. & FRUIT OF THE DAY & MILK CHOICE

ELEMENTARY LUNCH PRICES:
\$0.25 Reduced Price
\$1.35 Full Price

****Menu Subject to Change****