







HEMPSTEAD FOOD SERVICE

ELEMENTARY LUNCH MENU

FEBRUARY 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>MILK CHOICES</u> <u>AVAILABLE DAILY</u> CHOICES WHITE – SKIM - 1% - LOW FAT CHOCOLATE \$.50 A LA CARTE MILK</p>	<p>AVAILABLE DAILY AS A FRUIT CHOICE ALTERNATIVE: 4oz APPLE JUICE, OR 4oz. ORANGE JUICE</p>	<p style="text-align: center;">1</p> <p>WHOLE GRAIN RAINBOW GRILLED CHEESE SMILEY FRIES CHILLED PEACHES LOW FAT MILK CHOICE</p>	<p style="text-align: center;">2</p> <p>SLIDER CHEESEBURGERS ON BUNS STARZ FRIES ORANGE SLICES LOW FAT MILK CHOICE</p>	<p style="text-align: center;">3</p> <p>SICILIAN WHOLE GRAIN PEPPERONI PIZZA FIELD OF GREENS FRESH APPLE LOW FAT MILK CHOICE</p>
<p style="text-align: center;">6</p> <p>TERIYAKI CHICKEN STIR FRY VEGETABLES SEASONED RICE FRESH PEAR LOW FAT MILK CHOICE</p>	<p style="text-align: center;">7</p> <p>SPAGHETTI WITH MEAT SAUCE FIELD OF GREENS FRESH APPLE LOW FAT MILK CHOICE</p>	<p style="text-align: center;">8</p> <p>NEW ORLEANS CHICKEN BROWN RICE MIXED VEGETABLES FRUIT COCKTAIL LOW FAT MILK CHOICE</p>	<p style="text-align: center;">9</p> <p>WHOLE GRAIN BREADED CHICKEN PATTY ON A WHOLE WHEAT BUN SWEET CORN NIBLETS CHILLED PEACHES LOW FAT MILK CHOICE</p>	<p style="text-align: center;">10</p> <p>SICILIAN WHOLE GRAIN PEPPERONI PIZZA FIELD OF GREENS FRESH BANANA LOW FAT MILK CHOICE</p>
<p style="text-align: center;">13</p> <p>OVEN BAKED HONEY BBQ CHICKEN NUGGETS WHOLE GRAIN FLAVORED NOODLES CORN NIBLETS CHILLED FRUIT LOW FAT MILK CHOICE</p>	<p style="text-align: center;">14</p> <p>CHEESEBURGER ON A WHOLE GRAIN BUN WITH CURLY FRIES FRESH APPLE LOW FAT MILK CHOICE</p>	<p style="text-align: center;">15</p> <p>LASAGNA ROLL UP ITALIAN GREEN BEANS APPLE SAUCE LOW FAT MILK CHOICE</p>	<p style="text-align: center;">16</p> <p>RIB-B-Q ON A BUN WITH GREEN BEANS ORANGE SLICES LOW FAT MILK CHOICE</p>	<p style="text-align: center;">17</p> <p>SICILIAN WHOLE GRAIN PEPPERONI PIZZA FIELD OF GREENS FRUIT COCKTAIL LOW FAT MILK CHOICE</p>
<p style="text-align: center;">20</p> <p style="text-align: center;">SCHOOLS CLOSED</p> 	<p style="text-align: center;">21</p> <p style="text-align: center;">SCHOOLS CLOSED</p> 	<p style="text-align: center;">22</p> <p style="text-align: center;">SCHOOLS CLOSED</p> 	<p style="text-align: center;">23</p> <p style="text-align: center;">SCHOOLS CLOSED</p> 	<p style="text-align: center;">24</p> <p style="text-align: center;">SCHOOLS CLOSED</p> 
<p style="text-align: center;">27</p> <p>SOLID WHITE BREADED & BAKED POPCORN CHICKEN STEAMED CORN NIBLETS FRESH PEAR LOW FAT MILK CHOICE</p>	<p style="text-align: center;">28</p> <p>ITALIAN MEATBALLS ON A WHOLE WHEAT HERO CHOPPED SALAD PEAR SLICES LOW FAT MILK CHOICE</p>	<p style="text-align: center;">29</p> <p>BBQ BONELESS BEEF RIBS ON A WHOLE WHEAT BUN VEGETABLE MEDLEY PINEAPPLE TIDBITS LOW FAT MILK CHOICE</p>		

<p><u>MONDAY ENTRÉE</u> <u>ALTERNATES</u></p> <p>CHEESE ON A BAGEL W/ VEG. & FRUIT OF THE DAY & MILK CHOICE</p>	<p><u>TUESDAY ENTRÉE</u> <u>ALTERNATES</u></p> <p>HAM & CHEESE SANDWICH W/ VEG. & FRUIT OF THE DAY & MILK CHOICE</p>	<p><u>WEDNESDAY ENTREE</u> <u>ALTERNATES</u></p> <p>TURKEY & CHEESE SANDWICH W/ VEG. & FRUIT OF THE DAY & MILK CHOICE</p>	<p><u>THURSDAY ENTRÉE</u> <u>ALTERNATES</u></p> <p>BOLOGNA SANDWICH W/ VEG. & FRUIT OF THE DAY & MILK CHOICE</p>	<p><u>FRIDAY ENTRÉE</u> <u>ALTERNATES</u></p> <p>TUNA SALAD SANDWICH W/ VEG. & FRUIT OF THE DAY & MILK CHOICE</p>
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ELEMENTARY LUNCH PRICES:

\$0.25 Reduced Price

\$1.35 Full Price

****Menu Subject to Change****